

BROWARDENTAESTHETICS.COM

PATIENT SURGICAL GUIDE



BROWARD
ENT & AESTHETICS

THANK YOU FOR CHOOSING BROWARD ENT & AESTHETICS FOR YOUR COSMETIC NEEDS. WE APPRECIATE YOU TRUSTING YOUR CARE TO US. THE FOLLOWING INFORMATION WILL PROVIDE YOU WITH A SNAPSHOT OF WHAT TO EXPECT THROUGHOUT YOUR SURGICAL JOURNEY!



YOUR SURGICAL QUOTE

The cost of your procedure is determined on the day of your consultation with Dr. Wilson DuMornay.

- This cost is inclusive of operating room fees, pre-operative appointments, and all follow-ups.
- Quotes are valid for (1) one month. (A cash or credit/debit card deposit made within 30 days of quote will hold the quoted amount for 9 months).



SCHEDULING YOUR PROCEDURE

A deposit is required for all surgical procedures. The deposit will secure your surgical date, it is non-refundable, and cannot be financed. \$500.00 Deposit – For all Procedures. All surgical procedure balances are due 2 weeks prior to your scheduled surgical date OR on the day of your Pre-operative appointment.



METHODS OF PAYMENT

Money Orders, Cashier's Check, Credit/Debit Cards: Visa, MasterCard, Discover, American Express (NO PERSONAL OR COMPANY CHECKS)

Financing Companies: United Medical Credit Alphaeon: This line of credit is between the patient and the creditor. (Please note: When using ANY of these Financing Companies, the financed amount will be 5% higher than the originally quoted amount).

Layaway: (8 months Maximum): if the procedure is cancelled after a 3-month period during a layaway plan, all payments made are non-refundable. Clients will be issued an In-House Credit to be used toward other services, no refunds will be given.



PRE-SURGICAL EVALUATION

Surgical procedures require a two (2) week pre-operative appointment. This will consist of a complete medical history, labs, and a 12 Lead EKG.

Please remember:

- It is best to complete labs first thing in the morning. If unable to do so, please fast 8 hours prior to your appointment.
- Labs will include but are not limited to CBC, CMP, PTT/ PT INR, Hepatitis Panel, HIV Panel, UA and pregnancy test if appropriate.

You will receive a call with your results as they become available and a physical copy of such the day of your scheduled procedure.

If you suffer from any chronic condition or are over the age of 40, you will need:

- An EKG
- Chest X-ray
- Medical Clearance letter from your primary care provider or specialist

The fees associated with your pre-operative testing, blood work, and clearance are not included in your surgical quote and the patient is fully responsible for said cost.



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PRE-OPERATIVE INSTRUCTIONS

You will be contacted one week prior to your scheduled procedure. Pre-operative instructions will be provided and medications will be prescribed. Please familiarize yourself with the following instructions:

- No aspirin or aspirin containing compounds as well as herbal compounds for at least 2 weeks prior to surgery.
- Do not drink alcohol 1 week prior to your procedure.
- Refrain from all nicotine products, including cigarettes.
- Wear loose comfortable clothing with flat/ low heeled shoes.
- Make proper pick up and drop off arrangements. Plan to arrive 30 minutes prior to scheduled procedure and to be in our facility for approximately 4-6 hours.
- Please make accommodations to have someone assist you for at least 2 days post-operatively.
- Do not eat or drink anything after midnight or 8 hours prior to your procedure.
- Shower the night before and the morning of surgery with Hibiclens soap.
- Shave the night before and remove all jewelry, makeup, nail polish or acrylic nails.
- Start Colace (the stool softener) the day prior to surgery.
- Pre-operative medications called in to your pharmacy will include an antibiotic, an anti-inflammatory, and iron supplements. Prescription pain medication will be provided the day of your procedure. Start taking the antibiotics the night of your surgical procedure as your first dose.
- If applicable, and as instructed by the nurse, daily medications may be taken with a small sip of water if fasting.



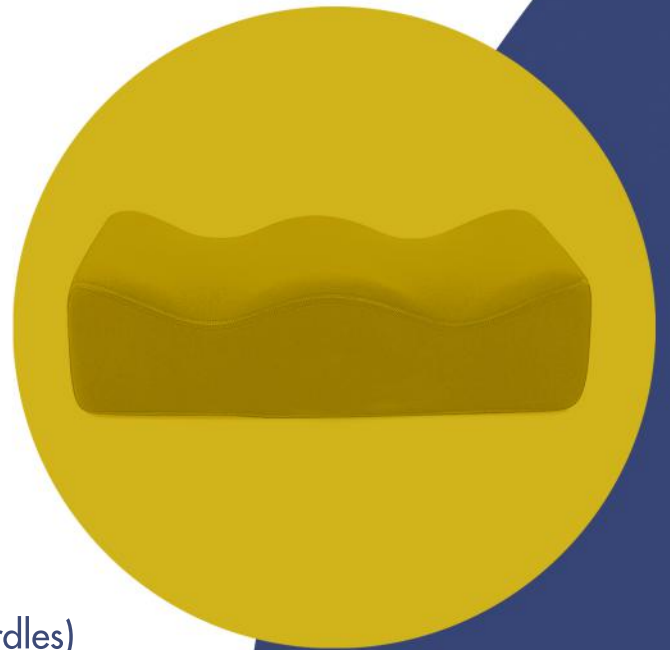


ITEMS RECOMMENDED FOR YOUR SURGERY

For your convenience we have created a post-surgical kit that includes all items deemed necessary for your recovery. Please see the detailed list provided below. If you do not need all these items, price will be adjusted accordingly.

Surgical Bag Post BBL KIT

- Hibiclens soap
- Underpads
- Bed/Car cover
- Maxi Pads
- Oral Arnica (7 days)
- Topical Arnica
- Arnica Tea (5 days)
- Wipes
- Stool softener
- Robe
- Towel
- Hospital socks
- 2 Post-Surgical Garments (Fajas/Girdles)
- 2 DVT prevention stockings
- 1 Front board
- 2 Lipo-foams
- 1 Backboard
- BBL pillow (if needed)
- Wood Therapy Supplies
- Suction Therapy Supplies
- Female Urinal
- Medical Grade Scar Cream



Medications to avoid 2 weeks prior to surgery

Antiplatelet medications: Examples:

aspirin (ASA), enteric-coated aspirin (Ecotrin®),
clopidogrel (Plavix®).

Anticoagulant medications:

Examples: warfarin (Coumadin®), heparin,
apixaban (Eliquis®), rivaroxaban (Xarelto®).

Non-steroidal anti-inflammatory drugs (NSAIDs):

Examples: aspirin (ASA); celecoxib (Celebrex®); diclofenac
(Voltaren-XR®) ibuprofen (Advil®, Motrin®), naproxen (Aleve®).

Herbs:

Examples: Natural ginkgo biloba, vitamin E, feverfew,
garlic, ginger, ginseng, omega-3 fatty acids,
fish oil, St. John's wort, turmeric.



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DAY OF SURGERY

- At the facility, you will be given any medications, pressure garments, or other supplies not previously provided or the purchased post-operative bag/kit.
- If you are a female and of childbearing age, you will complete a urine pregnancy test.
- You will meet and be interviewed by the anesthesia provider the morning of your procedure. They will explain anesthesia protocols and answer any questions that you may have in regards to Monitored Anesthesia Care (MAC).
- You will meet with your surgeon; he will draw on your skin with a marker to indicate the area(s) to be treated.
- We will take "before" pictures to compare with your "after" results and provide you with a dressing gown.
- Once your surgery is completed you will be in recovery for at least 2 hours, if your recovery is satisfactory and there are no indications of extending your stay at the facility, you will be discharged.
- Your post-operative appointment will be 24-48 hours after your surgery, this may vary depending on how each patient recuperates.



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POST-OPERATIVE INSTRUCTIONS

- Add more raw fruit to your diet and be sure to increase fluid intake to prevent constipation.
- Take medications, i.e., antibiotics, iron supplements and pain medication as prescribed.
- Refrain from drinking alcohol for 3 weeks as it causes fluid retention.
- Start walking as soon as possible, this helps to reduce swelling and lowers the chance of blood clots. Strenuous exercise and activities should be avoided for 3-4 weeks, depending on the extent of the surgery.
- Do not drive until you are no longer taking any pain medications (narcotics).
- You will be discharged wearing a pressure garment over the treated area. Wear the pressure garment 24 hours /day for 6 weeks; decreasing to 12 hours /day for the next 6 weeks.
- You will have small incisions at the point of introduction of the instrument. You may have fluid drainage from these sites if a drainage tube is not placed to prevent fluid buildup. If present, drains are typically removed 48-72 hours after surgical procedure.
- You may shower 24 hours after surgery. No tub soaking or bathing while sutures or drains are in place. After showering, reapply pressure garment and gauze to cover incisions.
- You will start lymphatic drainage within 24-48 hours after your procedure and have your first post-operative visit.
- You will need daily lymphatic drainage for a minimum of 10 sessions.
- Keep incisions clean and inspect daily for redness, swelling or yellow/green drainage. Sutures are removed 7-10 days after surgery.
- Avoid exposing scars to sun for at least 12 months, use a strong sunblock, if sun exposure is unavoidable (SPF 30 or greater).
- You may feel stiff and sore for a few days. Most of the swelling and discoloration usually subsides in 6-8 weeks, but some may persist for 6 months or more. Bruising may be apparent beyond the areas of liposuction, partially due to gravity.
- Expect temporary numbness, bruising, swelling, soreness, burning sensation, bleeding, pain and discomfort.



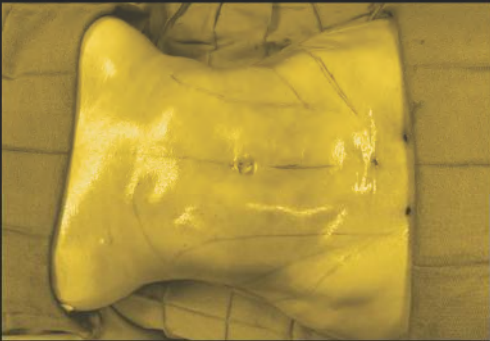
ON CALL PROVIDER
754-300-2377 OR
954.653.9798



WHEN SHOULD I CALL MY PROVIDER?

- If you have an oral temperature over 100.4 degrees.
- If you have increased redness, green/yellow drainage or note a foul odor from any incision site.
- If you have severe or increased pain not relieved by medication.
- If you have any side effects to medications, such as, rash, nausea, headache, vomiting.
- If you have bleeding from the incisions that is difficult to control with light pressure.
- If you have loss of feeling or motion.







Dr. DuMornay and his team are excellent. What I like about this doctor is his authenticity and willingness to help others. Dr. D. is a skilled surgeon who has mastered the art of blending beauty and science.

BARB F.

Every time I walk in I have a more than exceptional experience, I'm super happy with the entire staff. Everyone here works diligently to ensure I always have the best and healthiest results possible.

KAITLINN F.

My experience with every single person that works in this clinic is EXCEPTIONAL. Hands down the best customer service and care for a patient in Broward.

RAFAEL C.



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FOLLOW US ON SOCIAL MEDIA!

Before and After Photos
Exclusive Specials
GIVEAWAYS



Broward ENT & Aesthetics



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